



British Gymnastics – Trampoline Difficulty Card

Name: _____

Group: _____

Flight: _____

Club: _____

No: _____

Panel: _____

Compulsory					
	Routine	S	*	Adjustment	Diff
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
				Total	

Voluntary				
	Routine	S	Adjustments	Diff
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
			Total	

FIG A & FIG 19+ competitors **must** * the moves they wish to gain difficulty for in their compulsory routine. Failure to * the moves will result in no difficulty being awarded.

FIG B and NAT C competitors **must** * all the required elements in their compulsory routine. Failure to do so will result in a 1.0point deduction from every judge for every incorrect or missing *.

Routines must be completed either in English or FIG terminology.

All skills in the Voluntary and the Final must have the difficulty score for each skill completed including the total score, in accordance with rule 7.1 of the BG and International Code of points.

Please Note
It is the responsibility of the competitor to ensure that the routines are correct with correctly defined shapes. Failure to do so may result in the routine being terminated early.

Final				
	Routine	S	Adjustments	Diff
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
			Total	

Name of Coach Responsible _____ BG Number _____

Signature _____ Qualification: _____